

# Youth Addiction Services Health Promotion

## COMMUNITY HEALTH PROMOTION SERVICES TEAM (CHPST)

The Community Health Promotion Services Team assists communities to prevent and reduce the harm associated with youth substance use and problems gambling. CHPST provides support to schools and other local stakeholders with the goal of increasing protective factors and decreasing risk factors for individuals, families and communities.

### Health Promotion Services

#### Print and Electronic Resources

Available resources include handout, pamphlets, posters, displays and curriculum.

#### Consultation

We support key stakeholders to engage individuals, families and communities in the use of evidence-based approaches and strategies that build resiliency in youth and families. Key stakeholders include a wide range of parent and youth-serving, strength-based community agencies and organizations.

#### Schools

Our onsite school support aligns with the Comprehensive School Health model and engages students, teachers, support staff, parents and other concerned adults in substance abuse prevention. Activities include needs assessment, consultation, curriculum support, teacher training, parent education and program and policy development.

#### Collaboration

In order to strengthen capacity and build resilient youth, families and communities, we support the establishment of relationships and linkages between schools, parents, youth-serving agencies and community organizations engaged in substance abuse prevention efforts.

#### Training and Workshops

We provide professional development opportunities to those who work with parents, youth and families. Workshops for parents and other concerned adults are available upon request.

**ALL SERVICES ARE FREE**

**Please call 403 297-4664**

**Ask to speak to the Health Promotion Intake Counsellor**

**[www.ahs.ca](http://www.ahs.ca)**

