

Youth Addiction Services

How to Access Our Services

Youth Addiction Services offers a wide range of substance abuse treatment services for adolescents (aged 12 to 17), and their families. Treatment options and support services include:

- On-going individual or family counselling, including assessment, treatment and referral planning.
- Weekly support, skill development and counselling groups for adult family members.
- A voluntary 6 – 10 day youth detoxification and stabilization program.
- Intensive treatment services, including residential and day-treatment programs.
- Aftercare support group for youth.

How to Access our Treatment Services

As with all Youth Addiction treatment services, we respect confidentiality. Parents are encouraged to accompany their adolescent to participate in the initial meeting. Schools, agencies or other professionals can also make referrals, and may accompany the youth to assist in engagement and treatment planning. Access to all treatment services including Youth Detox, Residential and the Day Treatment Program, always start with an assessment. Based on the results, each adolescent is matched to the service appropriate to his or her level of need. Counselling, support and educational resources are available to family members even if their adolescent is currently not seeking help.

Walk-in: Youth and/or parents can use walk-in times to meet with a counsellor to discuss concerns and plan next steps. Walk-in times are Monday, Wednesday and Friday from 8:30 to 10:00 a.m.

Telephone: Call to talk to the Intake Counsellor to discuss your concerns and options. The Intake Counsellor is available Monday to Friday from 8:15am to 4:30pm.

Information Series: Youth referred by a school, the Justice System, or another agency can come directly to the adolescent alcohol, other drug and gambling Information Sessions. This four part series provides youth with information about alcohol and other drug use. It is offered in rotation every Tuesday at 4:00 to 5:00 p.m. on a drop-in basis.

Parent Skillshop: This 6 week, closed group helps parents maximize their influence and avoid engaging in unhealthy and unhelpful behavior patterns with their teen and provides access to support from other parents. Speak to an outpatient counsellor for referral and preregistration.

Please call 403 297-4664 for more information

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www.ahs.ca

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