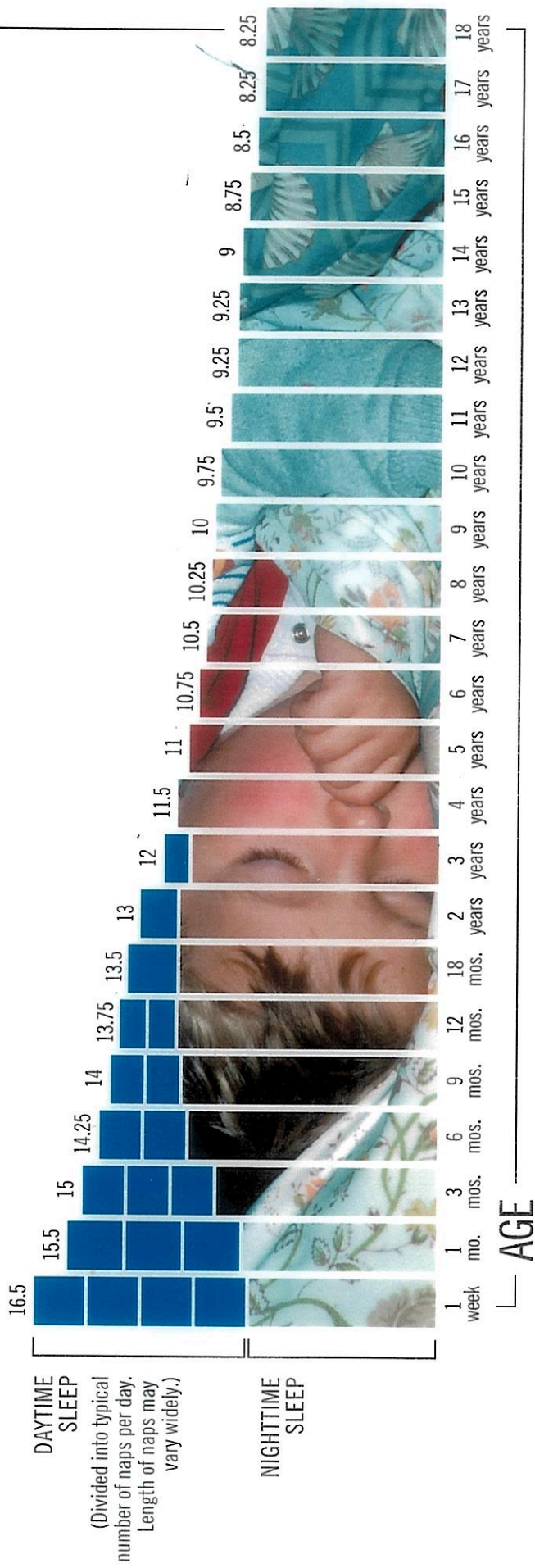


TYPICAL SLEEP REQUIREMENTS IN CHILDHOOD

HOURS OF SLEEP



DAYTIME SLEEP
 (Divided into typical number of naps per day. Length of naps may vary widely.)

NIGHTTIME SLEEP

AGE