

After the Diagnosis Resource Handout – Preschool and School Aged

Helpful Reading/Videos

100 Day Kit for Families of Newly Diagnosed Young Children:

https://www.autismspeaks.org/sites/default/files/100_Day_Tool_Kit_Young_Children.pdf.

A Sibling's Guide to Autism:

<https://www.autismspeaks.org/sites/default/files/2018-08/Siblings%20Guide%20to%20Autism.pdf>.

Autism Videos through the Autism Spectrum Disorder (ASD) Diagnostic Clinic at the Child Development Centre:

<https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUzNgV0fjBXQ9W2KcaPDtar>.

“Loop” on Disney+ - A Pixar short film about a non-verbal, autistic girl and a chatty boy who are paired together on a canoe trip. They learn about how the other experiences the world.

Family and Community Resource Centre (FCRC) Additional Reading

Resources: <http://fcrc.albertahealthservices.ca/health-information/library/information-prescriptions/asd/RX-ASD-for-Kids-and-Teens.pdf>.

Government Funded Supports

Family Support for Children with Disabilities (FSCD):

<https://www.alberta.ca/fscd.aspx>

Phone: 403-297-7971

Disability Tax Credit: [https://www.canada.ca/en/revenue-](https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html)

[agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html](https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html)

Registered Disability Savings Plan (RDSP): <https://momentum.org/intro-to-rdspd-the-disability-tax-credit/>

Community Agencies and Resource Centres

Autism Calgary: www.autismcalgary.com; Phone: 403-250-5033

Children's Link: www.childrenslink.ca; Phone: 403-230-9158

Family and Community Resource Centre (FCRC): <http://fcrc.albertahealthservices.ca/>;
Phone: 403-955-3272

Recreation and Social Agencies

Autism Aspergers Friendship Society (AAFS): www.aafscalgary.com; Phone: 403-246-7383

Between Friends: www.betweenfriends.ab.ca; 403-269-9133

Vecova: www.vecova.com; Phone: 403-284-1121

Access 2 Card: www.access2card.ca

For more, see Autism Calgary's website: <https://autismcalgary.com/information/child-and-youth/recreation/>.

Parenting and In-Home Supports

Calgary Scope Society: www.calgaryscope.org; Phone: 403-509-0200

Carya: www.caryacalgary.ca; Phone: 403-269-9888

Elevated Abilities: www.elevatedabilities.ca; Phone: 833-465-4336

Developmental Disabilities Resource Centre (DDRC): www.ddrc.ca; Phone: 403-240-3111

Rabboni Support Services Inc.: www.rabbonisupportservices.com; Phone: 403-714-2921

Responsive Childrens Supports Inc.: www.responsivechildrenssupports.com; Phone: 403-207-5115

Mental Health/Counselling Resources

Society for Treatment of Autism (ASD): <https://www.sta-ab.com/counselling/>.

Autism Calgary Counselling Services: <https://autismcalgary.com/counselling/>.

Calgary Counseling Centre: <https://calgarycounselling.com/>.

Woods Home – Community Resource Team: 24/7 text or phone support at (403) 299-9699.

Eastside Family Centre – drop in counseling services: <https://www.woodshomes.ca/programs/eastside-community-mental-health-services/>.

Calgary Distress Centre: <https://www.distresscentre.com/need-help/>.

Parenting Support Groups and 1:1 Support

Family to Family Connections: <http://fcrc.albertahealthservices.ca/family/f2f/connect-with-another-family.php>; Phone: 403-955-7187

Autism Calgary Parent Groups: <https://autismcalgary.com/upcoming-support-recreation-groups/>.

Facebook Groups: Calgary & Area Moms Autism Support Network